

## **No Surprises Act / Good Faith Estimate**

When you need emergency care or you are treated by an out of network provider at an in network center, you are protected from surprise billing or balance billing. The No Surprises Act protects people covered under group and individual health plans from receiving surprise medical bills when they receive most emergency services, non-emergency services from out of network providers at in network facilities. Starting in 2022, there are new protections that prevent surprise medical bills. If you have private health insurance, these new protections ban the most common types of surprise bills. If you're uninsured or you decide not to use your health insurance for a service, under these protections, you can often get a good faith estimate of the cost of your care up front, before your visit. If you disagree with your bill, you may be able to dispute the charges. Here's what you need to know about your new rights.

Visit <https://www.cms.gov/nosurprises> , or call the Help Desk at 1-800-985-3059 for more information. TTY users can call 1-800-985-3059.